

5 Day Activity Services

Section 5: Table of Contents

Page:

1. Abbey Road Club
2. ACE Community Education
3. ACE Community Education
4. Chadwell Day Hospital
5. Cool House, Cool Recovery Ltd
6. Notes
7. Daybreak Social Training Centre
8. EDP. South Devon Drugs Project
9. Torbay Coast and Countryside Trust
- 10.M.A.S.H
- 11.Opportunities
- 12.Princes Trust Volunteers
- 13.Shekinha
- 14.Sanctuary South Devon
- 15.Coalition Of Disabled People South Devon
- 16.NIDUS Pluss
- 17.Torbay Voluntary Services
18. Parkview Community Housing Service

Abbey Road Club

Community Care Trust Charity

Location: (Torquay Map Ref: G6)

87 Abbey Road

Torquay

TQ2 5NN

Telephone: (01803) 296562

Purpose of the service:

To provide occupational day services and activities to people who are experiencing mental health difficulties

Accessed by:

Self-referral, referral from GP services and mental health teams.

Updated 6/12/06

Access to Community Education (ACE) Charity

Location: (Brixham Map Ref: J14)
Brixham College
Higher Ranscombe Road
Brixham TQ5 9HF

Telephone: (01803) 853302

Fax: (01803) 858835

E-mail: ace@admin.brixhamcollege.torbay.sch.uk

Website: www.brixhamace.org.uk

Purpose of the service:

Provides educational and leisure activities for physically and mentally disabled people and their carers. Classes include textiles, pottery, art and crafts, computing, drama, swimming, gardening and sport mobility.

Updated 09/01/08

Continued on next page

Continued from previous page

Access to Community Education (ACE)

Location: (Brixham Map Ref: J14)
Brixham College
Higher Ranscombe Road
Brixham
TQ5 9HF

Telephone: (01803) 853302

E-mail: ace@admin.brixhamcollege.torbay.sch.uk

Accessed by :

Letter, telephone, email, referral from other organisations. Full wheelchair access available.
Monday to Friday 10am to 3pm

Other services:

Campaigning, befriending, help with independent living skills, emotional support, practical help.

Chadwell Centre-Older peoples mental health
Devon Partnership NHS Trust

Location: (Paignton Map Ref: E9)
Chadwell Centre
Torquay Road
Paignton
TQ3 2DW

Telephone:(01803) 546470 (Reception)

Referrals:(01803) 546482 Torquay
(01803) 546485 Paignton
(01803) 546481 Brixham

Fax: (01803) 546499

Website: www.devonpartnership.nhs.uk

Purpose of the service: Occupational day care treatment, and group therapy and support services for people aged over 65, suffering from various mental health conditions such as anxiety, depression, bereavement, psychosis, memory loss, dementia and early onset dementia.

Accessed by: Referral from local GP services.(see above numbers) Open from 9 am to 5 pm Mon to Fri

Updated 15/08/08

Cool House

Cool Recovery Ltd

Location:

Cool House

17 Morgan Avenue

Torquay

TQ2 5RP

Telephone: (01803) 299511

Fax: (01803) 299511

E-mail: info@coolrecovery.org.uk

Purpose of the service: Support for carers and those recovering from mental health problems by providing information, practical and emotional support, and a space where people can meet informally, volunteer, make friends, and help each other. We work together in the belief that recovery and change are possible for everyone. We cover the South Devon areas of South Hams, Teignbridge and Torbay. However, anyone can use Cool Recovery

Accessed by: Telephone, email, fax, personal contact. No referral required. We are open currently 10 am – 4.30 pm Monday to Friday.

Other services: Cool Café serving light refreshments and lunches. Contact with local carer, mental health services, user and young person services networks, support groups, social events, complementary therapies, counselling, and a library. More activities are being developed.

Updated 08/01/08

Section 5.5

Notes

Daybreak Social and Training Centre Community Care Trust (S.Devon Ltd)

Location: (Paignton Map Ref: D10)
Scotleigh House
51 Totnes Road
Paignton TQ4 5LE

Telephone: (01803) 557801

Fax : (01803)557801

Members' Call Box : (01803) 527355

E-mail: healthyminds@btconnect.com

Website: www.community-care-trust.co.uk

Purpose of the service: A service provider to adults who suffer with many forms of mental health issues. We provide social drop in, training & educational opportunities, complementary therapies, a range of activities and Support Time Recovery work.

The service offers flexible, respectful and creative support to allow concentration on everyday process of staying well rather than on an illness model. The centre commits itself to the recovery approach to mental health encouraging independence and developing tools to rebuild a meaningful and satisfying life.

Access by: Self-referral, referral from GP services and mental health teams and other agencies

Other services: **Torbay Mental Health Information Service (Thursdays)**(see section 3.11) and **Opportunities** see (section 6.18)Updated 17/07/08

E. D P.

South Devon Drugs Service

Location:

EDP Torbay
Walnut Lodge,
Walnut Road
Chelston,
Torquay, TQ2 6HP

Telephone: 01803 604330

Fax: 01803 604359

E-mail: torbaysdp@edp.org.uk

Website: www.edpservices.org.uk

Purpose of the service: To provide a structured Day Programme (SDP) which is community based support for people who have been affected by drug and alcohol problems and want to make changes to their lives. The service is aimed at residents of Torbay who are over 18 years old and affected by a drug misuse problem

Accessed by :

Telephone, fax, e-mail, letter, self referral and referral from health services

Other services:

Groupwork, workshops, help with education, training and employment. Social/recreational activities, support in developing life skills, links to other agencies.

Updated 06/06/08

Section 5.8

Torbay Coast and Countryside Trust

Location: (Torquay Map Ref: F7)
Cockington Court,
Cockington
Torquay
TQ2 6XA

Telephone: (01803) 606035

Fax: (01803) 690391

E-mail: info.countryside-trust.org.uk

Website: www.countryside-trust.org.uk

Purpose of the service:

Access to learning opportunities linked to environmental volunteering, through which people can develop new skills and perspectives

Accessed by :

Letter, email, telephone leaflet application.

Updated 24/01/08

MASH (Mutual Aid and Self-Help)

Charity

Location: (Torquay Map Ref: G6)

26 Tor Hill Road

Torquay

TQ2 5R

Telephone: (01803) 211343

Purpose of the service:

Charity shop service providing furniture for new accommodation also provides essential equipment and clothing for people in need

Charity shop

Accessed by: Telephone or drop-in to charity Shop.

Other Services:

Providing day opportunities for mental health service users to become involved in a range of volunteer work running a charity shop, updated 21/07/06

Opportunities (South Devon) Industrial Services Group (Pluss Group)

Location:

Swift Unit 12, Greenhill Way
Kingsteignton
Newton Abbot
TQ12 3BD

Telephone: (01626) 355864

Fax: (01626) 356209

Mobile: 07971600770, 07748147320

Website: chris.proctor@pluss.org.uk,
clare.mills@pluss.org.uk

Purpose of the service: Employment, Supported Employment, Training, Voluntary Work, Education, Driver Theory Training, Driver Practical Training, Basic Skills Training, Lit/Num Creative Studies.

Accessed by: Clients with Mental Health Issues.

Other Services: Workprep, Workstep, Job Retention and Counselling.

Updated 25/08/05

Prince's Trust Team

Location:

4th Floor Intercity House
Plymouth Station
Devon
PL4 6AA

Telephone: (01752) 251051

Fax: (01752) 254105

Website: www.Prince's-trust.org.uk

Purpose of the service:

12 weeks personal development program for 16
- 25 year olds.

Accessed by :

Referral / application form.
Information Days - phone for details.

Other Services:

Education and Training.

Updated 27/07/05

Shekinha. Charity

Location: (Torquay Map Ref: G6)
4-8 Temperance Street
Torquay
TQ2 5PU

Telephone: (01803) 214988

Email: carstenstidson@hotmail.co.uk

Purpose of the service:

To provide a safe environment for people who are homeless. This includes people with mental health problems and drug and alcohol dependency. We provide help for rough sleepers with advice and basic food requirements. We provide information and sign posting to other useful local services for homelessness.

Accessed by:

Drop-in 8 am – 10.30am (for those rough sleeping only)
Day Centre open 10.30 am to 3 pm open access
Monday to Friday.

Other services:

Education, Training, Advice and Signposting.

Updated 10/08/07

Sanctuary South Devon

Charity

Location: (Paignton Map Ref: E10)

Cockington Court

Cockington

Telephone: (01803) 606662 (Pottery)

Email: info@sanctuarysouthdevon.org.uk

Purpose of the service:

Pottery. Run by mental health sufferers and

Carers

Accessed by: Referral, self referral, drop-in, telephone and letter.

Updated 22/01/08

..

Coalition of Disabled People South Devon Charity

Location: *(Torquay Map Ref: G5)*

Lymington Road

Torquay TQ1 4BW

Telephone: (01803) 215871

Mobile: 07786233782

E-mail: info@cdpsd.org.uk

Website: www.cdpsd.org.uk

Purpose of the service:

Offering: -

- Advocacy / welfare rights
- Counselling
- Basic IT training

Accessed by: Letter, email Drop in for disabled & carers

Other services offered:

IT , drop-in centre, internet access

Updated 12/08/08

Section 5.15

**Pluss Working Team
Pluss Group**

Location: (Paignton Map Ref: C11)
Unit 2
Aspen Way
Paignton TQ4 7QR

Telephone: (01803) 521612

E-mail: gill.jacobs@pluss.org.uk

Mobile: 07796314720

Website: www.pluss.org.uk

Purpose of the service:

To support adults with learning disabilities to progress into work through training, assessment and ongoing support.

Accessed by :

Social Services care management. Private Referral.

Other services:

Basic skills / Workskills assessment. Health and safety training

Updated 09/01/08

Torbay Voluntary Service

Charity

Location: (Torquay Map Ref: G6)

11 Castle Road

Torquay

TQ1 3BB

Telephone: (01803) 212638

Fax: (01803) 201763

Email: info@torbayvs.co.uk

Website: www.torbayvs.co.uk

Purpose of the Service:

Provides means to help local groups to help local people by supporting, promoting & developing local voluntary activity. Members are voluntary organisations, local authority and statutory bodies.

Accessed by:

Telephone, email, fax,

Open 9 am to 4 pm Monday to Friday.

Updated 22/06/07

Parkview Supporting Community Housing Service

Parkview Society

Location:

36a Walnut Road
Chelston
Torquay
TQ2 6HS

Telephone: (01803) 607960

Mobile: 07876597269

Fax: (01803)60796

Email: css@parkviewsociety.org.uk

Website: www.parkviewsociety.org.uk

Purpose of the service:

Provides day activity in the form of supported social integration and help with achieving goals. To people with poor mental health, learning difficulties drug and alcohol abuse and elderly mental health problems.

Accessed by:

Referral from the Supporting People Hub see (Sec 4.22.1)

Other services: Residential care and help to people who are homeless to access accommodation

update 15/08/08